

Nordic Match 2026 in Lahti 18.-20.9.2026

(Part of European CUP in TrailO 2026)

Bulletin 1

Organizer: Lahden Suunnistajat -37

Competition director: Tuomo Niskanen

IOF Event Adviser: Juha Villikka

National controller: Martti Inkinen

Course setter: Teemu Niskanen

Mapmakers: Teemu Niskanen (PreO Sprints, TempO); Janne Seppälä (PreO)

Classes: Elite, Open A

Website: <https://www.ls37.fi/suunnistustapahtumat/tarkkuussuunnistuksen-maottelu-2026/>



Preliminary program

Friday 18th September – PreO Night Sprint (non-WRE). Location: Pajulahti, Lahti

First start at 20.00

Saturday 19th September – TempO (**WRE + ECTO**). Location: Pajulahti, Lahti

Mandatory quarantine closes at 10.00 (more details closer to event)

Saturday 19th September – PreO Sprint (**WRE**). Location: Pajulahti, Lahti

Starts directly after tempo competition

Social Event on Saturday evening. Food, sauna and a chance to swim in a lake. Location: Pajulahti, Lahti

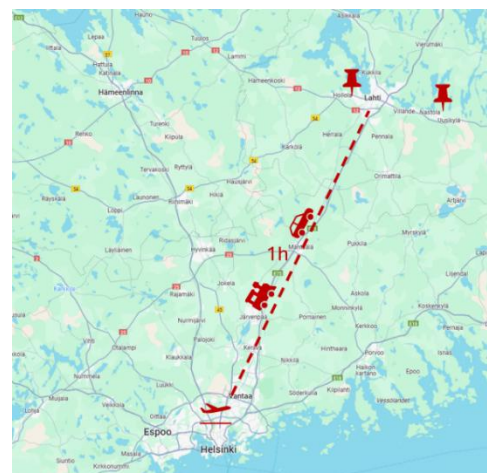
Sunday 20th September – PreO (**WRE + ECTO**). Tiirismaa, Lahti/Hollola

First start at 10.00

The Saturday and Sunday competitions with the World Ranking Event (WRE) status will be part of the Nordic Match. Official Nordic Match team participants start last in each WRE race.

Travel

It takes approximately 1 hour to drive or travel by train from Helsinki Airport to Lahti city center. Friday and Saturday competitions will be held near Pajulahti Sports Campus, which is located 15km east from Lahti city center. There are bus connections to the campus. We recommend to book accommodation from Pajulahti sport campus (more details under “Accommodation” header). The Sunday race is held on Tiirismaa terrain 8km west from Lahti city center.



Entries

Entries: until September 12th

Late entries: Open A class entries allowed also on site with 50% increased price

International entries to WRE competitions through Eventor:

TempO (<https://eventor.orienteering.sport/Events/Show/8764>)

PreO Sprint (<https://eventor.orienteering.sport/Events/Show/8765>)

PreO (<https://eventor.orienteering.sport/Events/Show/8766>)

International entries to the PreO Night Sprint via Google Forms: [LINK](#)

Finnish, and Open A class entries through IRMA:

<https://irma.suunnistusliitto.fi/public/competitioncalendar/list>

Entry Fees:

Elite class (WRE): Tempo 25€, PreO Sprint 25€, PreO 25€

Open A: Tempo 18€, PreO Sprint 18€, PreO 18€

PreO Night Sprint: 18€

Payments:

If you do entries via Eventor, then you need to pay the entry fee with the following bank details:

Name: Lahden Suunnistajat -37

Address: Salpausselänkatu 8, 15110 LAHTI, FINLAND

IBAN: FI38 5612 1120 3225 62

BIC/SWIFT: OKOYFIHH

Text: Nordic Match and competitors names

Please select the option “Payer pays the fees” when making a foreign payment.

Entries via IRMA are paid either by club, or while making the entry.

Maps:

Pajulahti sprint map 2024, updated 9/2026. Scale 1:3000. Contour interval 2,5m.

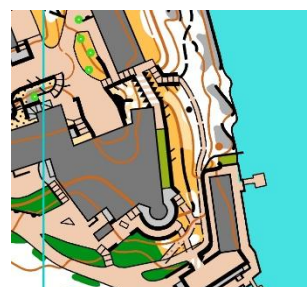
Tiirismaa mapped 9/2026. Scale 1:3000. Contour interval 2,5m.

Old maps available on the event website. Pajulahti map from 2024 Leimaus orienteering camp. Tiirismaa map from 2026 training event.

Terrain and paths:

PreO night sprint, TempO and PreO sprint races will all be held in Pajulahti Sports Campus. Everything is within walking distance of the campus, so most of the terrain is urban with buildings and park type features. Routes are mainly covered by asphalt or gravel. Only moderate elevation. Perfect terrain for TempO and PreO sprint events, which require quick decision making.

PreO competition will be held on the other side of Lahti at Tiirismaa. Tiirismaa hill is the highest point of Southern Finland peaking at 223m from sea level. It is known to be a stony terrain on a steep hill side. Despite this, the PreO course has



only minimal elevation (around 10m). This will be the first TrailO competition in this terrain, but it is regularly used for foot orienteering events. Perfect terrain for PreO with demanding details.

Embargoed area:

<https://karttarekisteri.fi/index.php/pages/maps#>



Classes and Competition Information

Nordic Match, team competition:

Nordic national teams consisting of 5 athletes. Each team should include one P or J (under 20 years old) class competitor.

Nordic Match, individual: Elite

Other classes: Open A

The athlete and team with the best combined result from the three competitions will win the Nordic Match in the individual and team competition respectively. Details on results calculations will come in Bulletin 2. Every Nordic nation may have a maximum of two official teams.

Other countries (or any group of athletes) may also have teams. These teams can win the team competition, but they cannot win the Nordic Match trophy.

The competitions will follow the rules for IOF Trail Orienteering Events. The latest version of the rules is available for download from the [IOF website](#).

Assistance

Pushers and punching assistance must be arranged by the participants.



Punching System

PreO: Toe Punch, provided by the organizer.

Timed controls: ANT

TempO: ANT

Prizes

Best team and individual performances in the Nordic Match (overall) event will be given product prizes. Also night PreO Sprint top3, WRE classes top 3 performers and Open A class winners will be rewarded with product prizes.

Toilettes

Lot of wheelchair accessible toilet options in Pajulahti for Friday and Saturday. More details about toilet options for Sunday in the Bulletin 2.

Weather

Daily temperature is expected to be around 10-15° Celsius. There is a relatively high chance for rain.

Local transportation:

From Lahti city center to Pajulahti sports campus (EC1) bus line 11 and 11K can be used.

From Pajulahti to Tiirismaa (EC2) bus lines 11 and 11K take you to the city center, where you need to change to bus line 4. This will take around 2h, so other travel arrangements (carpooling with others) are recommended.

More information on the local bus service can be found from LSL website. <https://www.lsl.fi/>

Accommodation

Organizers recommend booking accommodation from Pajulahti Sport Campus, which is the site for Friday and Saturday including the social event, which will be organized on Saturday evening in Pajulahti.

Comfortable accommodation in hotel standard rooms in Pajulahti. The rooms are well-equipped (fridge, microwave, coffee/tea maker, TV, toilet, shower, balcony or patio, private parking space) and have 2 beds + sofa bed.



Accommodation prices:

- Single room with breakfast 110 €/room/night
- Double room with breakfast 140 €/room/night
- Triple room with breakfast 170 €/room/night

Hot meals at Pajulahti:

- When booked advance with accommodation +30 € (incl. Friday dinner, Saturday lunch + dinner). Purchased on site for 11,85 €/meal

Lunch will be served in Saturday's quarantine for those who have the Full board -package for Fri-Sat night.

Pet fee (limited number of rooms available) 15 €/night.

Book your room(s) early, no later than 16.8.2026. Rooms are limited and sold on a first-come, first-served basis.

Free cancellation until 31.8.26. After this (1.-17.9.2026) cancellation fee 50 €/room/night. No show: cancellation fee 100 €/room/night.

- sari.mikkola@kolmekampusta.fi
- sales.pajulahti@kolmekampusta.fi

Address: Sports Institute of Three Campuses / Pajulahti Olympic & Paralympic Training Center, Pajulahdentie 167, 15560 Nastola, Finland

<https://www.kolmekampusta.fi/en>



Bulletin 2 with more detailed event information will be published closer to the competition.

If you've got any questions, contact the Event director:

Tuomo Niskanen, tuomo.niskanen96@gmail.com