

IOF World Ranking Event 9.9.2023, Sprint, Lahti, Finland

Bulletin 1

Finnish Championships in sprint orienteering will be organized by Lahden Suunnistajat -37 on 9.9.2023 in Lahti. M21 and W21 classes will be WRE competitions. Qualification will be held in the morning and finals will be run in the afternoon.

Event organizer

Lahden Suunnistajat -37

Main officials

Event director: Timo Lehtonen

Course setters: Teemu Niskanen, Joni Solonen, Harri Hytönen

Result service: Antti Halme

WRE contact person: Tuomo Niskanen, tuomo.niskanen@ls37.fi, +358452618353

Technical Adviser: Kari Maijala, Jukka Westerlund

Course controller: Atte Lahtinen (HS)

IOF Event Adviser: Johan Uusimäki

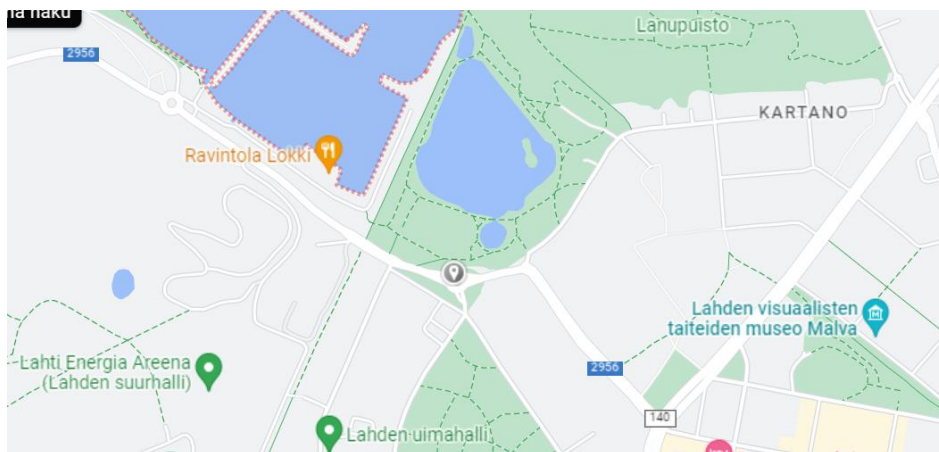
Event website

<https://www.ls37.fi/suunnistustapahtumat/sm-sprintti-2023/>

<https://eventor.orienteering.org/Events/Show/7709>

Venue

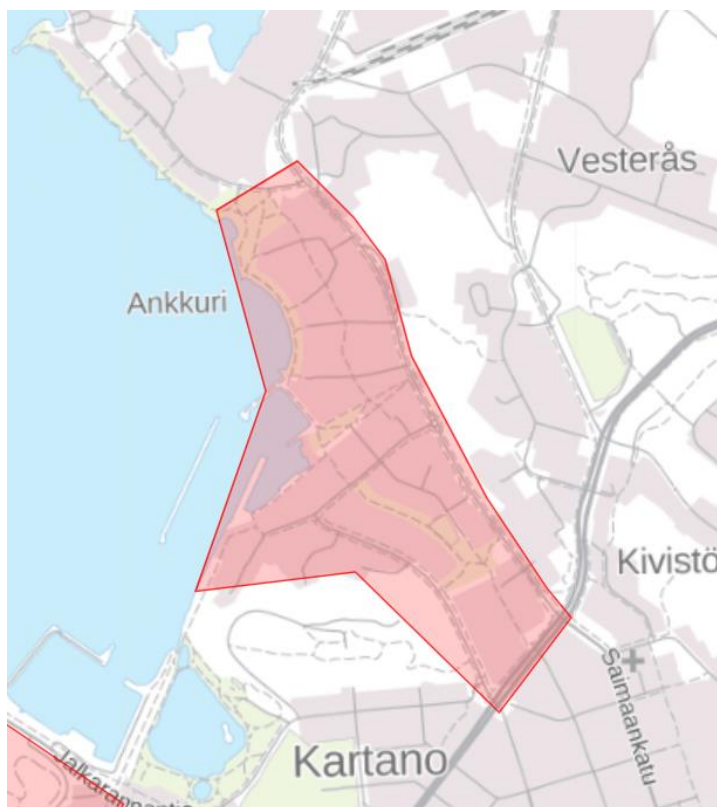
Route to the Arena will be signposted from the roundabout of streets Kartanonkatu and Jalkarannantie in city of Lahti, location ([60.987057, 25.644581](https://www.google.com/maps/place/60.987057,25.644581)). Walking distance to competition center is 1,1km and directions will be in place at 6AM. Parking is arranged in the city of Lahti. Some parking houses will be available for use. The fees and instructions are announced in event web page before the competition.



General map of the region and Embargoed area



The embargoed area is indicated on the map below. More information in '[Karttarekisteri](#)' under 'Harjoituskiellot' (embargoed areas).



Event information

Competition rules

The rules of International Orienteering Federation and Finnish Orienteering Federation will be applied in the competition. The rules of the Finnish Orienteering Federation are available on the website <https://www.suunnistusliitto.fi/kilpailu/saannot-ja-ohjeet/lajisaannot/> (only in Finnish).

Spiked shoes and shoes with studs are forbidden in the competition.

Competitors shall not use or carry telecommunication (voice or text) equipment between entering the pre-start area and reaching the finish in a race, unless the equipment is approved by the organizer. GPS-enabled devices (watches etc.) can be carried provided that:

- they have no map display
- they have no telecommunication ability
- they are not used for navigation purposes.

However, the organiser has the right to specifically forbid the use of such equipment. The organiser may require competitors to carry a tracking device and/or a GPS data logger.

Classes and winning times

Classes M21 and W21 have WRE status. Entry to the competition implies entering to the Qualification race.

Sprint distance in WRE classes. Estimated winning times 10-12 min in Qualification race and 13-15 min in Finals.

Punching system

The electronic punching system Emit will be used. Rental Emit cards are available from the event organizer, fee 5 €. Need for Emit card rental must be issued with the entry. If the rental Emit card is not returned after the competition, there will be a charge of 80 €.

Event program

Event	Time	Notes	Distance
Qualification first start	8.30	Quarantine closes 8.30	1500m
Final first start	13.00	Quarantine closes 13.00	1500m

Quarantine zone will be same in both starts. Indoor area and toilets will be accessible.

Entries and entry fees

Entries and payments should be made primarily through IRMA service or alternatively via Eventor (those who don't have access to IRMA service). All WRE competitors make an entry to classes M/W21E. Entry fee in WRE classes is 49 €. Emit card number must be included in the entry.

Need for Emit card rental must be issued with the entry. If Emit card number is missing, the organizer will reserve an Emit card and charge 5 €.

The IOF World Ranking system only uses the Latin alphabet from A to Z. It is very important for all runners to check that the information about them is correct. Please check the following: the spelling of your first and last name, year of birth and nationality. If you find any mistakes, please report them via email changes

athletedata(at)orienteering.org. When reporting, make sure you add your complete birth date (day, month, year).

It is not possible to pay through Eventor. The bank details for entry fee payment without access to IRMA are as follows:

Message: Competitor's name, SM-Sprint 2023

Payee: Lahden Suunnistajat –37

Payee address: Hiihtomajantie 98, 15950 Lahti, FINLAND

IBAN: FI38 5612 1120 3225 62

Bank name: Osuuspankki, Päijät-Häme

BIC: OKOYFIHH

Entries and payments must be made no later than Thursday, 31st of September 2023 at 23:59. No late entries allowed.

IOF ID

WRE athletes must include their IOF IDs in their entry. Athletes who do not have an IOF ID will get one by registering a user account in IOF Eventor: <https://eventor.orienteering.org/Register>

Terrain

The terrain consists mainly of urban areas with paved paths and lawns.

Map

Scale: 1:4 000, contour interval: 2m, printing 9/2023. Mapping made by Jarmo Pikkarainen. The competition maps are in plastic cases. Map size is A4. More information of the available options will be published in Bulletin 2.

Climate

In September the weather in Lahti region can be anything from warm and sunny (15-25 degrees Celsius) to chilly, windy and rainy (5–10 degrees Celsius).

Accommodation and food

Restaurant and take-away café at the arena. Also lot of restaurants in the Lahti city center are within a walking distance from the competition center.

There are many accommodation possibilities in Lahti. More information from Lahti Region website: <https://visitlahti.fi/en/frontpage/accommodation/>

Prices vary depending on the number of travelers and the type of accommodation chosen. For example hotel prices in Lahti city center for a single traveler start from 80e per night.

Showering

There is no organized possibility to shower. Public swimming halls serve according to their opening hours for the standard cost. If other arrangements are done, these will be highlighted in Bulletin 2.

Information on Lahti swimming halls here: <https://www.lahti.fi/en/leisure-and-sports/sports-services/swimming/>

Transport

No transport offered by the organizers.

Visa requirements

According to current regulations, citizens of some countries must obtain a visa to enter Finland. Please check the following website for more information: www.formin.fi. Visas should be applied for at your closest Finnish embassy. Please note that conditions of entry may change. All participants are advised to keep themselves updated on the situation by consulting their local Finnish embassy.

Training opportunities

Any model training possibilities will be published on the event site closer to the competition. If you are interested to do trainings in Lahti (both forest and sprint), please contact us via tuomo.niskanen@ls37.fi. We will organize trainings for clubs and individuals.

Final event instructions and start times

There will be more information on the organizer's web page <https://www.ls37.fi/suunnistustapahtumat/sm-sprintti-2023/> closer to the date of the competition. Bulletin 2 will be published in late August or early September.

Lahti

