



SUNDAY 22 MAY **MORNING**

TRAINING TYPE:

EOC RELAY

MAP:

SAIRAKKALA

J. Pikkara

Scale I Contours: 1/10.000

LOCATION:

60°59'14.3"N 25°21'39.7"E https://goo.gl/maps/MdZYyfBk

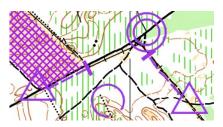
TRAINING INFO:

Distances:	2 x 4 km l 100m⊅	Separate control description		X	
		Warmup Map	Х		
Controls:	Controls 30x30, Emit, 12/int.	GPS	Х		
		Emit	Х		
Course:	Jari Sipilä and Aleksi Anttolainen	Start-List	Х		

DESCRIPTION:

The last full speed training which is a **relay** with two intervals. Terrain is same than middle and long. There are dense depressions with swamps and empty areas with different layers of vegetation. Are you ready to do your own work? It's not an "airfield" all the time, so be patient, don't get frustrated and keep a good grip on the map.

NOTE:





Competition center is around the small road, and we leave the cars near the finish line.

10 minutes break in between intervals, you can bring your own refreshments.

The first interval is on the left side of the sheet of paper, and the second one on the right side.

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0° l 5 m				
kEcwgtjuJ6				
		Yes	No	
7	Separate control description		X	